## FREE QPR Suicide Prevention Training! Question. Persuade. Refer.



## Learn how to recognize the warning signs of suicide.

ZOOM Mon. 9/30 @ 11-12:30pm Thurs. 10/10 @ 11-12:30pm Wed. 10/23 @ 1-2:30pm Tues. 12/3 @ 2-3:30pm

IN-PERSON Thurs. 9/12 @ 3-4:30pm Wed. 11/13 @ 11-12:30pm SCAN FOR DETAILS + TO REGISTER











Life & Work Connections